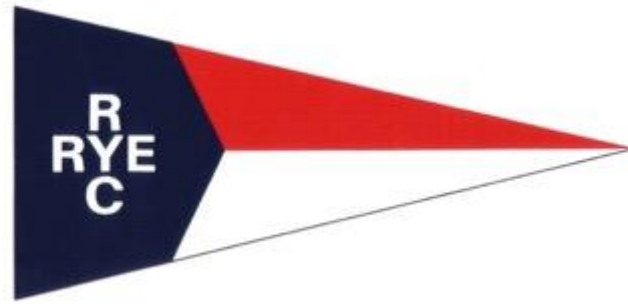


Rye Yacht Club



Sandbar



Rye Yacht Club Newsletter
Rye Yacht Club Inc., PO Box 387, Rye, Vic, 3941
Clubhouse Phone: 5985 2368

May 2023

Executive Committee

Commodore – Russell Matthews

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commodore@ryeyachtclub.org.au

Vice Commodore – Neville Taylor

0400 169 866

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Rear Commodore – Scott Paton

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Secretary – Peter Kinsman

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Registrar - Peter Kinsman

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Club Captain – Val Smith

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Sailing Committee Secretary – TBA

Yard Master – TBA

Handicapper – TBA

Social Committee President – Neville Taylor

0400 169 866

vicecommodore@ryeyachtclub.org.au

Treasurer – Lena Thomas

0404 138 259

treasurer@ryeyachtclub.org.au

Sailing School Principal – Bob Cooper

0432 270 167

sailingschool@ryeyachtclub.org.au

Promotions – TBA

Commodores Cabin

Commodore's Report from the AGM:

I would like to welcome everyone to our AGM for the 22/24 season.

I would firstly like to acknowledge the passing of past members Don and Mary Sharp, the parents/grandparents of the Sharp and Campbell families. And more recently Ben Darby.

The Club is in a strong financial position.

I would like to thank the volunteers who completed the major projects around the club, namely the 3rd SUP Cabinet and the replacement of the upper decking.

Thanks must also go to Val Smith for her contribution in the running of the well-attended family sailing days and also to Scott Paton for his management of the Mosquito State Titles.

I must once again congratulate Bob Cooper on another very successful year of the Sailing School. This year he has expanded into Wing Foiling.

I must also give a big thank you to the regular faces that have helped with the day to day running of the club over the season.

Russell Matthews
Commodore

Sailing

AGM Sailing Committee Report 22/23 Season

Club Racing/Sailing Programme:

- Most races were made up of the usual core of racing sailors in our fleet similar to last season.
- New racers included Ben, Shelly, Jaxon, Lisa, Brian, Lena, Nick & Angel, Steve, Sam and Axel... Hopefully I haven't forgotten anyone?
- If we actually had everyone out racing and having fun together our racing fleet sizes would be around 26 yachts which is a very healthy fleet size for a club with our membership base. To add to this, we could add some from green fleet progression and also some from the Development Squad and we could be nudging fleet sizes of over 30! What we need to do is work out how we can get you all wanting to be racing together having fun at the same time.
- The weather again was a frustrating feature, weather systems were lining up with our weekends while the weekdays were gorgeous. The third La Nina in a row made for a testing not very summery season. The coming season has a forecast for a very strong El Nino so it will be interesting to see the differences in our weather conditions for the season and it could get quite hot.
- CANCELLATIONS OF RACING: We had a couple of cancellations to racing because of duty members/sailors not turning up and we had a few early cancellations because the weather was unsafe for racing. Where possible we will continue to cancel racing as early as possible when conditions are unsafe for our racing fleet and our patrol boat crews.
- I'd like to make a point on the weather. I see there's a trend for people to check the weather the night before on the various weather apps. I have no problem with this as I'm a weather geek and I check it regularly however, please don't make your mind up the night before that you're not going to sail or come to the club the following day. Firstly, weather predictions are consistently so far off and many days were defiantly sailable and those that did turn up really enjoyed the day. Secondly, we've been working really hard at providing a day's entertainment whether we are racing is on or not. Activities like wingfoiling, snorkelling, sea biscuit or even just hanging out messing around with boats etc.
- If you have any ideas on what you think would make our club racing more engaging for more members, please hit me up on email.
- SOCIAL AND MIDWEEK SAILING continued to be strong and growing in participation, we now have a WhatsApp group for this to improve members interactions and safety. Please use the QR Code downstairs at the whiteboard to join the group. This is for everyone if you're intending to swim, kayak or sail.

Events:

- We successfully hosted the Mosquito State Titles over the March long weekend, we had 3 days of perfect flatwater offshore breeze ranging from 6kts to 22kts providing the fleet with a broad range of racing conditions. I'd like to make a special mention to Kai and Mikayla and Chris and Declan for representing our club on behalf of our junior sailors from our large Mosquito fleet. Kai and Mikayla completed every race and showed great resilience for their first ever State Championships. Well done!
- I want to mention how appreciative I am of the race management team we had for this event. The call went out for volunteers and roles were filled immediately. The product we put on the water was all class. It was the first time I have run an event like this and you all

made it such a pleasure and a very rewarding experience both for myself and the fleet. It's a hard job to make me look good but your dedication to the event and to this club had me sparkling.

- I sought constructive criticism in the weeks following the event from competitors and for them to be honest, the response was overwhelmingly positive across the board. So again congratulations and thank you to all the volunteers. A job very well done.
- So successful was this event the Mosquito Association returned to our club over the Anzac weekend to dovetail their Sloop State Championships into our programmed racing and while unfortunately I wasn't available for this weekend the reports I received were again all glowing. Congratulations to Rob Mott and Maddie Sheard for winning this State Championship. Again another junior from our club in her first State Championship and taking the win. How good! Well done to our boat crews again for their great work.
- I want everyone to take note here, the Mosquito Association members invited juniors to come racing with them on their boats for this event. Many came from a long way away to support juniors, especially ours. Even now the association is supporting a couple of our juniors with improved platforms and rigging, helping to get kids on the water. These efforts should be acknowledged, supported and celebrated.
- I can officially announce today that the Rye Vs Rosebud race will now be called the "Capel Sound Invitational" or affectionately known as the "Battle for the bar" referring to both the waters we sail in and the sand bar of which we race along. This is a partnership between Rye and Rosebud Yacht Clubs. The concept for this event is to embrace and participate against each other like a football or cricket club would and then enjoy the comradery between the two clubs in a gathering during the evening to celebrate each club's achievement's from the day. Next season we are looking at getting together for a beer or two and a feed with presentation at Escape Brewery, thanks Russ. Another focus for this event into the future is to increase active sailing members for both clubs. Like a two for one deal, the friendships you make at one club automatically transfers to the other building a larger more diverse community. The race will stay as a reaching race and there will be a 3-4 day window between Xmas and the New Year to try and achieve the best and most fun sailing conditions for competitors. I urge all of you to get on board with this as they won the first event by 22 seconds. Rosebud YC have very kindly donated a perpetual trophy and some medallions for those that competed on the day.
- We now have the RYC Speed Challenge. If you're not involved in this...get on board! We are including more cash prizes as time goes on. Seek myself or Karl out if you need some help to get involved in this. We have a leader board with 13 competitors already, there's still time to improve upon these results and at the moment Elandra is beating me in her minnow so I need to get busy too and shake this up. Take that as a warning to all above me, I'm coming for you!
- We had Wayne Bates visit and generously gave our Sabre members half a day's coaching and boat setup tips. From all accounts this was very well received and I noticed a large increase in tinkering and boat improvements in the following weeks. We'll line Wayne up again hopefully for an early and mid-season session during the coming season. This may include a small donation from members involved for his valuable time.
- The Family Fun Days were more structured this season with Val taking the lead on these. It's fair to say that Val took the bit between her teeth and ran with it. Val did a fantastic job and a power of work organising some very entertaining days on and off the water. Thank you to Karl for assisting Val on these days also. The extra help is always very much appreciated.
- Keep an eye out for our up and coming winter camp out in the boat yard. I've floated this idea with a few members and the interest has been really strong. Just because it's not

sailing season, doesn't mean that we're not a community that can't enjoy our beautiful environment. We have stacks of fun activities lined up for this so watch this space.

- Sailing and wind sports aren't just a sport, it's a way of life, moving forward we'll be focusing more on fun and lifestyle aspect of this to further enrich the experience.

Sailing Committee Club Improvements:

- This season we've continued to use My Club Ops and SailorApp, unfortunately with the sad passing of Peter Merrit the creator of this race management system, we are currently unsure of the future availability of it. We'll work through this over the off season, it may continue to operate, if not we'll most likely return to the systems we used previously.
- BuoyZone is continually becoming an integral part of our course laying procedure making courses simple a fast to set and adjust. It's even been used to relocate over a sunken, mislaid mark that we were able to retrieve. Thanks again to Karl for diving on and retrieving this for us.
- While we are on the topic of sunken marks, one came back! I'm not sure how this one was lost but a report I had was it was there and ok and then it wasn't. We'll have a look at this one when we clean it up and see if we can diagnose what happened so we don't lose anymore.
- Our marks now have all new and improved super light ground tackle with better ground holding capabilities. Thanks to Pete, John and Karl for putting these together.
- If I leave anyone out of the thankyou's please speak up, I cast my critical eye over all these tasks but I can't do everything so if I miss someone yell out because your help is very import to the club and should be acknowledged.
- I'm also sure you noticed the new deck on your way up here, I'm sure you'll all agree it's a marked improvement. Thanks to the Tuesday group of Pete, John, Karl, Mark, David and anyone I may have missed.
- Again, thanks to the Tuesday group for the hydraulic tow ball on the front of the tractor making parking the patrols much easier on driver's neck.
- The tractor will also be going in for a full service and a new set of galvanized wheels and a new set of kicks. It's an integral part of our operations and without it we can't operate.
- This winter we are looking at offering a one Sunday a month maintenance program for those that need help with the upkeep of their boats. The expectation is that the club also receives some help catching up on the maintenance that we were unable to do because of the pandemic restrictions. This will be a great opportunity to stay connected with each other over the winter period, have some great times with a bbq and get some jobs done on both your craft and club facilities. Keep an eye out for the email!
- Safety boat trailers and the tractor will be the focus this winter along with general maintenance and improvements to the club house.
- I'm sure many of you noticed on the way in that the front of the club looks a little different? Thank you to Trent Downie a local artist for our fabulous mural. Also, a big thank you to Mick and Ben for getting this organised and delivered. Tasks like these are not easy to navigate so a super effort from all involved. Also thankyou to Pete, John, Mark, Tony and Chris for the remounting of the RYC sign over the door way and the lighting on the mural. Again very much appreciated.

The Boat Yard:

- The boat yard is full, we are a victim of our own success here. This is a sailing club, not a storage club. We have potential active members that want to join the club and be involved in the sailing activities we have on offer however we have no capacity to store their boat. So boats in the yard that do not move all season are hindering the growth of the club and the enjoyment of all members. I do urge members that don't intend to sail their boat during the season to please find alternative storage arrangements.

Rosters and Duties:

- I'm not sure if you are all aware but this week the 15 – 21 May 2023, is National Volunteer Week (NVW). This is an annual event celebrated right across Australia. The week-long event recognises the vital support that the millions of volunteers in our country provide to their communities and encourages people to consider volunteering.
- We are all products of volunteers. People gave their time for us to be who we are today. There are people in this room that gave their time to me as a kid and they're still giving their time for my kids. We have an obligation to provide our time and experiences to the generations below us. Volunteering to do canteen, patrol boat duty or hoist the flags isn't about you...it's about your kids or your grand kids. If we don't do our part that we were fortunate to receive ourselves, this doesn't exist for you or the generations to follow. It's the absolute foundation of society and community.
- This is a club not a business, all people are rostered unless they are no longer able to perform duties or unable to commit to Sundays due to work etc. It is great to see people working together ensuring that the club's week to week duties are met. So, for next season, please ensure your availability for rostered duties, assisting with working bees and helping out with fundraising events. By everybody continuing to work together, we can make sure that all members equally enjoy the benefits that the club now has to offer, on and off the water. The more that do, the less you do.
- In saying this I really want to acknowledge all the wonderful work that our volunteers have done this season. You all know who you are and I will if I haven't already, get around to you for a chat and thank you personally. If anyone is unsure who they are... maybe pop down a bit more often because these people are always here making sure we all benefit from this wonderful club.

Thank you,



Scott Paton
Rear Commodore

Final notice on abandoned kayaks

This is the final notice for any members or non-members that have kayaks in the yard and have not continued to pay storage fees. It is your responsibility to ensure storage fees are paid and the club has made its best efforts to find the owners of all the kayaks stored in the yard. There are still approximately 10 kayaks that cannot be accounted for and they will be listed for sale if not removed or storage paid for by the 11th June.

Boat repairs/maintenance starts June 11th

This winter we are looking at offering a one Sunday a month maintenance program for those that need help with the upkeep of their boats. The expectation is that the club also receives some help catching up on the maintenance that we were unable to do because of the lockdowns. This will be a great opportunity to stay connected over the winter period, have some great times with a bbq and get some jobs done on both your craft and club facilities.

This will continue every 2nd Sunday of the month until the season starts or otherwise notified.

Sailing school report

This season saw a return to a full summer program of activities and an increase in participation in many of our Sailing School programs. Our total course enrolments for the summer were 275 with an increase of almost 50 more than last summer. While we did have a number of quite windy days, we were able to keep the OutThere Sailing and Tackers groups on the water almost every day by using alternative activities on several occasions. It seemed that it was a season of either lots of wind (20 knots plus) or sailing in less than 10 knots.

Before the start of the season, Jean and I had several meetings with Sarah Ogilvie and Jaimee Wall from Australian Sailing. The aim was to look at what the Club was doing to retain and increase both membership and on water participation. One of the outcomes from this was to write and publish a Sailing School Handbook to hand out to all participants in Sailing School activities. Another area that we need to continue to focus on is to better follow up with those adults who complete Start Sailing 1 & 2 to keep them involved with Club activities, especially on the water.

Also, before the start of the season I was quite surprised and certainly honoured to receive an invitation to attend an event at Government House to meet the Honourable Linda Dessau, Governor of Victoria. The event was to recognise those who have made a significant contribution as volunteers in community sport.

After having purchased the second RS Quest before the start of the season, we were able to increase the adult participation to 10 in each Start Sailing 1 & 2 group and two of the three groups for the summer were still full. The adult program continues to run with an Instructor or experienced sailor in the boat with the course participants. While it is labour intensive, it does mean that participants learn more quickly and feel safer in the early part of the course in particular. They also get to know several Club members during the program which helps them feel more comfortable at the Club.

An Adult Coaching group was run on Saturday afternoons from 3:00 until 6:00 through part of the season. Those that took part were able to get individual feedback on how they were sailing and how they could improve their skills. We hope to be able to expand this program and involve more people next season. We will contact all participants in recent adult Learn to Sail groups and encourage them to participate in this program or further Australian Sailing courses.

The Tackers program was very successful this summer, with the large number of participants requiring 4 Tackers Instructors to cover the groups safely. Four RHIBs also had to be available just for the Tackers program alone. (For this program Australian Sailing requires one Instructor for 6 participants and one Safety Boat for each 6 boats on the water.) A few of the taller Tackers 3 level participants sailed O'pen BICs during the second eight week block. Hopefully at least six will move into the Development Squad Coaching group for the start of next season and perhaps another eight mid-season. Using the cut down sails and "garbage bag sailing" helped to keep the Tackers groups on the water on windy days for most of their sessions.

The OutThere Sailing program had 22 participants in the first eight week group and 19 in the second. Adding in those who did the three day program in January, we had 53 participants in OutThere Sailing. On one very wet and windy day we did stay off the water for most of the session. By using the sea biscuit and SUPs on light wind days and windSUPs, wing foiling wings on SUPs and surfing on SUPs and kayaks on windy days, we were able to get on the water every week. The variety of activities available has completely changed this program aimed at 12 to 17 year old children and made it much more exciting and engaging. Our numbers in this age group are four times what they had been before, when we were running Start Sailing 1 and 2 for them.

Junior Development Squad Coaching numbers were down a little, but a real step forward was to have 6 participants sailing on catamarans during the season. This certainly changes the dynamics of what happens on the water and provides some added excitement for the young sailors on board. We have also managed to get more people into their own boats this summer than we have previously.

We were one of four Clubs in Australia piloting new Wing Foiling programs for Australian Sailing and providing feedback to them. There are three aspects of the program, a FoilLAB – learning how to get the board up on the foils when being towed behind a powerboat, Learn to Wing – learning how to use the wing effectively on a displacement board like a SUP or windsurfing board and Learning to Wing Foil – putting the two aspect together to foil with the wing on the foiling board. We have had more than 20 people involved in these activities with several now effectively wing foiling. This is a great activity with winds from 15 to 30 knots.

We have run three Powerboat Courses during the season with 14 more people getting Powerboat licences. During this course the participants have practical on water tuition on how to drive a powerboat in a variety of situations.

The Schools' Programs for this summer were the Rye Primary School 5 day program, a two day program for the Little Yarra Steiner School and a half day session for a group of girls from PLC. The Rye PS program involves Sailing, Stand Up Paddle Boarding and Kayaking and had 48 participants. The Steiner School group involved 26 students in two five hour sessions. The PLC group was 18 Year 10 girls on a day of 25 knots and we ran both Learn to Wing and windsurfing activities for them.

It was unfortunate that the King Valley School's group were forced to cancel their Sailing Camp due to government changes in payments to teachers involved in "out of normal hours" activities. It would have cost them an extra \$4,500 to run the camp and this was not practical.



One last thing on sailing activities is to include that Kai Robertson sailed in the Mosquito spinnaker class Victorian Championships with Mikayla Erikson as crew and Chris Campbell also sailed with Declan Styant-Browne as crew. Both boats' crews were given encouragement awards and Mikayla won an award for the best placed female sailor in the event. Madi Sheard, Henry Miller-Heinze and Jaxon Caravias were able to crew on boats sailing in the Mosquito Sloop Victorian titles. Madi, crewing with Rob Lott, won the State Title in that event. In a different event, Chris Campbell crewing for Jeremy Brooks won the F18 Catamaran Victorian Championship. Elandra Paton Jones took her Minnow to the Victorian Youth Championship 3 day Coaching event at Sorrento. It is great to see some of our young sailors doing well with their sailing outside normal Club events. .

Financially the Sailing School is doing quite well. The two major purchases for the season were the RS Quest and the unexpected replacement of the motor on

Northerly. The first half of the cost of the Quest was paid in this financial year while the second half has now been paid in April to be included in next year's figures. Northerly had been taken to Nautical Marine to resolve some issues with the motor and because of both the damage to the motor and the lack of parts available to repair it we decided it was prudent to put a new Mercury 50hp four stroke motor on the boat. These items are shown in the figures as capital expenditure.

Our income for the year was \$39,027.69 and our surplus for the year was \$1,595.24. We are hugely grateful for the \$5,000 sponsorship from the Bendigo Bank as the Major Sponsor of our Junior Sailing Program. The bank has supported our Junior Sailing Program for more than 10 years now and this has been an enormous benefit to our Sailing School.

We also received \$1,250.00 in donations which enabled the Sailing School to buy wet suits and life jackets; as well helping those sailors needing financial help to purchase boat parts,

Finally, I want to thank all of the Instructors, Coaches and other helpers who have helped to make the summer program so successful. I will make specific mention of Jean, who, in addition to being the Sailing School Treasurer, runs the canteen on most Saturdays, making lunches for up to 20 people each day. She also catered for the three Day OutThere Experience program with lunches for up to 18 people and the catering for up to 16 people helping run the Rye Primary School Sailing Program. I want to also give special thanks to Peter Kinsman for always being there when help is needed.

Thanks to:

- Peter Lyons who is in charge of the Adult Start Sailing 1 and 2 courses with help from Peter Kinsman, John Dunn, Mark Hosie, Shelley Burke and Ben Erikson.
- Ella and Hudson Fletcher, Stephanie and Sally Naismith, and Kai Robertson for running the Tackers courses. Thanks also to Declan Styant-Browne who helped out on occasions.
- Kai Robertson, Madi Sheard, Elly Sheard, and Piper Twist for assisting me with the Saturday morning OutThere Sailing groups and the Saturday afternoon Development Squad Coaching group. Kai has also helped with the Wing Foiling program.
- Campbell Matthews for assisting the Sunday morning Development Squad coaching group.
- Scott Paton for helping out whenever asked and especially for his support with the Sunday morning Development Squad coaching group and in developing our Wing Foiling program.
- Peter Kinsman, Robin Matthews, Peter Lyons, John Dunn, Mark Hosie, Neville Taylor, Cliff Blowers, Lena and Kevin Thomas, Doug Grant, Karl Bromelow, Mark Lampe, Viv Paton-Jones and Ella Fletcher for helping run the Rye Primary School sailing program as well as Gill Dunn, Josie Lampe and Jean for catering for the volunteers during the program.

The Sailing School continues to play a vital part in bringing new people into the Club. In all our activities we must focus on having fun and making friends at the Club as these aspects are the most crucial in retaining members.



Bob Cooper
Sailing School Principal

Awards

Green Fleet Racing Awards:



First Monohull – Henry Miller-Heninze

Second Monohull – Jaxon Caravias

First Minnow – Niamh Miller-Heinze

First Catamaran – Sebastian Paton-Jones

Novice Encouragement Award - Fisher Sinclair

Last season, Fisher completed Tackers 3 and sailed in the Sunday Development Squad coaching group from February in an OpenBIC. This season Fisher has moved up to sailing a Laser 4.7. Fisher started this summer as a grade five student and to sail the Laser so well at his age has been amazing. He is a very competent sailor and looks after his boat well. He is eager to learn and takes new information on board quickly. Fisher's family have purchased a Hobie 16 at the end of the season and he has skippered that boat as well. He shows outstanding potential as a young sailor.

Novice Encouragement Award - Sebastian Paton-Jones

Sebastian was the first of our young sailors in the Sunday morning Development Squad coaching group to move to sailing a catamaran in this group. He has sailed a Hobie 14 this season and encouraged others to sail cats as well. We now have 6 young people sailing catamarans in the group. Sebastian sails his boat very well and shows great potential for the future.



Junior Community Award - Elly and Madi Sheard

For the past three years, Elly and Madi have assisted in running both the Saturday morning OutThere Sailing program and the Saturday afternoon Development Squad coaching program. They are both qualified Assistant Instructors and have their powerboat licences.

While helping run these programs they drive rescue boats, sail with course participants and teach specific aspects of the courses. They are both very competent safety boat operators and often complete rescues and swap sailors on and off the safety boat and the sailing boats.

They are both willing to take others out in an RS Quest during the Sunday morning Development Squad group.

Madi, Fisher and Elly with their awards.

Lead slingers award – Neville Taylor

We've spoken a bit about the importance of volunteering and this person certainly falls under the categories of selflessness and consistently standing up when required.

This person fulfills many roles within our club and we are very fortunate to have someone with such leadership qualities. The club as a whole certainly prospers from their involvement, a positive attitude and nothing ever is too difficult to accomplish.

I personally am excited to be working alongside this person and learning from them into the future. However for every up side there is a downside and unfortunately this person has now been banned for the tampering of the raffle at the mosquito states. But honestly that is just one example of his selflessness, the fact he could pull so many tickets out of the raffle shows how many he purchased to support the club.

Social Committee News

This is an extract of the report made by the Secretary of the Social Committee, Neville Taylor.

This season's committee were:

Dipper (Pres), Sam Naismith (Treasurer), Neville Taylor (Secretary), Christine O'Keefe, Maj Gale, Gerry O'Dowd, Andrew Wallace, Viv Paton-Jones & Bec Marthick

Over the season we hosted 5 social events including:

- Opening Eve Dinner at the Rye Hotel,
- Family Christmas Picnic
- Triple Treat day in January with Beach BBQ, Harvest & Wine Tasting and Young Members Movie Night
- End of Season Footy Pie Night
- The highlight being the Saturday and Sunday dinners & Opti Bar for the Vic Titles (Mozzies) and many RYC volunteers

The Canteen and Merchandise was successfully transitioned beyond the COVID restricted operation of the last 2 seasons to once again be fully stocked and supplying the hot & cold meals, snacks and drinks for many members, guests and visitors.

We supported Val Smith in the monthly Family Fun Day events with afternoon tea; Cheese & Bikkie Boards.

We would like to thank the outgoing committee members:

- Viv Paton-Jones and Gerry O'Dowd

We would like to welcome Bern Russell and Sally Naismith to our committee for the season 23/24.



RYC Social Committee has positioned itself to be self-funded to kickstart the canteen and merchandise store for 2023/2024 season. And we thank members for their support. We are able to pass on a cheque for \$6,000.00 to the Executive for the season.

SO.....NEXT FUNDRAISING:

- Bunnings Sausage Sizzle Saturday 24th June at Rosebud Bunnings. Calling for volunteers.
- Social evening at Escape Brewery. TBA



Neville Taylor
Social Committee President

Around the Club News by Peter Kinsman

Secret Men's Business!

If you ever wondered what happens in the Men's Change Room, wonder no more! We generate heat 😊
A new hot water service will provide hot water to all of the Club with the exception of the showers. This replaces the two old HWS units. This was provided free of charge by the Victorian State Government.

Thanks to Kurt Gysi for installing the new magnetic lock on the driveway gate. He traced the fault and replaced the defective lock.



Thanks again to John Dunn, Karl Browelow, David Davies, Mark Hosie and Kevin Thomas on finishing off the upper deck. With all new flashing around the perimeter, it not only looks great, it provides much better protection from the elements.

Thanks to the boys for also modifying our Flag Pole to allow us to fly the Australian and First Nation flags together at the same height.



Thanks to Tony and Chris Campbell for installing the new lights to light up our new mural.
There are more lights to come 😊



Peter Kinsman
Club Secretary



Welcome to the RYC Winter Campout for 2023.

This coming season we have a focus on fun and lifestyle. Sailing is more than just a sport, it's a lifestyle. So, kicking off before the season even starts is a relaxing campout in the boat yard, living our best beach life. Just because it's winter doesn't mean there isn't gorgeous days and it certainly doesn't mean we can't catch up living an adventurous lifestyle on the beach.

Date and times

Sat 22 July from 10 am and Sun 23 to late afternoon.

The campout is very much weather dependent and we will confirm if the campout is going ahead 5 days before the event. If the weather is going to be too wet, we will postpone and nominate another weekend. Most likely sometime in August.

Activities pending conditions

- Treasure Hunt
- Fire Lighting Challenge
- Tarp-ology
- Land Surfer
- Environmental Ramble with Mandy
- Fireside Spooky Stories and Toasted Marshmallows
- Rigging Area Games
- Night Walk
- Slackline Challenge

What to bring

- Good vibes for a relaxing weekend.
- All camping gear: Tent, Bed Mat/Mattress, Sleeping Bag/Doona etc.
- Torch
- Toiletries
- Camp Chairs
- Make sure you bring warm comfortable clothes.
- If you don't have any of this equipment Anaconda has a great range for a reasonable price. There are also some significant savings if you join their club which is free to do so. (You're welcome to use my phone number as I am a member, I don't get any benefits but you'll get the discount without signing up).

Dining

- Food is BYO, you can simply grab a pizza from across the road and we will also fire up the BBQ for dinner so you can cook what suits your appetite.
- Breakfast is also BYO and you can use the BBQ for anyone wanting to cook bacon and eggs. There is however a rumor circulating that Claire will be cooking pancakes for breakfast and as a special treat for those that dare, she may even cook some of her award winning, world-famous, white chocolate & raspberry pancakes! Does life get any better than this? I think not.

Confirmation of attendance

- All children under the age of 18 require parent supervision, this is a family friendly event.
- Please confirm via text message how many people are attending and what person tent you intend to bring to Scott on 0411 442 991.

Many Thanks,
Scott, on behalf of the Executive Committee.

My Spinnaker is still flying by Andrew Wallace

It appeared to me at the recent pie night social event that some members were not aware of the completely different tack that has fallen upon my family and myself. On Easter Saturday night/Sunday morning I suffered a Micro Stroke in my Basal Ganglia section of my brain, it started with my left arm and left leg starting to twitch and move involuntary. I was aware something wasn't quite right, but kept on as normal as I could be as my Mum and Dad were over for dinner, which is something we totally enjoy, and I didn't think it was very serious. As the night drifted into Sunday morning it started to get worse so at first, I got up in the middle of the night to watch some tv hoping I would fall asleep on the couch. When that didn't work I went on a walk at 3 o'clock in the morning to try and "walk it off" on my return to the house I told Janine it was time to go to the hospital, as by now my arm and leg were violently thrashing around and totally out of control. It was then after a lot of doctors and specialists looked at and tested me that I was told I had had a stroke, a massive shock to me and to my family.

I guess I'm writing this so you all know what's going on, to say sorry, to say thank you and let you know what to expect in the future. Yes, the twitch in my arm and leg are still there and will be for a while. Yes they get worse when I'm nervous and or tired. Yes I seem to be going at hyper speed and I don't know why. Yes, I may accidentally knock your drink over if it's on a table I'm sitting at. Yes, I do have trouble eating, even a simple pie needs a plate and a knife and fork. And yes I do get tired a bit easier as I trying to hide and over compensate for things I can't do right now. Yes I need to slow down, but I'm a stubborn old man and this is going to take some time for me to realise. So, I'm sorry to you all for all of these things and a million other problems that may occur while I'm at the club.

I need to say a big THANK YOU, to all the staff at Rosebud and Frankston hospitals who did awesome work; to the two paramedics who looked after me and transported me, I've never met a bad paramedic; to all the home doctors and nurses and specialists who now come and check up on me; to all the members of Rye Yacht Club who have showed me an outpouring of support and friendship and offers of help and assistance if I/we need it. This is the greatest attribute of RYC members and why I have hung around for about 25 years.

Finally, I have to thank my lovely family, Janine, Sarah and Jack. Janine has been a rock; she has shown me support and love that I never imagined I deserved. She has put up with my emotional swings, dropping food, crockery, glasses and a massive increase in laundry, there isn't a meal go by where I'm not getting changed after dropping food on myself, table cloths etc. I can't tell you how much I love and adore this woman thank you. Jack got the short end of the stick he has not had the holidays he expected and I try to remain upbeat around him, but he has seen a different side of me frustrated, upset, and pissed off. So, Jack I'm truly sorry. I can't even imagine what Sarah went through when Janine rang and told her. As she is living and studying in South Australia, she has been shielded from a lot, but it's a hard thing to take when you're not there, so sorry sweetie.

So, there you have it only one thing left to do, hoist the sails, go bushwalking and sit back and enjoy life with all my friends and family

THANK YOU!

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CLUBHOUSE USAGE & HIRE

These are bookings on hand as at the date of publication of this issue of Sandbar.

Bookings & enquiries to: Peter Kinsman on 0418 619921 or e-mail secretary@ryeyachtclub.org.au

Monthly bookings			
Wednesdays	Yoga group (Bec)	18:15-19:30hrs	Upstairs rooms
Thursdays	Earthsong class (Jasmine)	9:00 - 13:00hrs	Upstairs rooms
Fridays	Earthsong class (Jasmine)	9:00 - 13:00hrs	Upstairs rooms

Other notable dates:

Nil at this time.

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